



Cookbooks and Recipes –A Reading List

The “I Can’t Believe This Has No Sugar” Cookbook, D.E. Buhr. New York; St. Martin’s Press, 1990

Jane Brody’s Good Food Book, Jane Brody. WW Norton, New York 1985.

The Yeast Connection Cookbook, William G. Crook and Marjorie Hurt Jones. Professional Books; Tennessee 1989.

Greene on Greens, Bert Greene. Workman Publishing; New York, 1984.

The Allergy Self-Help Cookbook, Marjorie Hurt Jones. Rodale Press; Emmaus, PA, 1984.

Moosewood Cookbook, New revised edition, Mollie Katzen. Ten Speed Press, Berkeley, CA, 1992.

The Enchanted Broccoli Forest, Mollie Katzen. Ten Speed Press; Berkeley, CA, 1982.

Vegetable Heaven, Mollie Katzen. Hyperion; New York, 1997.

Feeding the Whole Family, Cynthia Lair. LuraMedia; San Diego, CA, 1994.

Allergy and Candida Cooking - Rotational Style, Sondra K. Lewis with Lonnett Dietrich Blakley. Canary Connect Publications, Iowa; 2nd printing, 1995.

Becoming Vegetarian, Vesanto Mellina, RD, Brenda Davis, RD, Victoria Harrison, RD. Book Publishing Company; Tennessee, 1995.

Cooking Vegetarian, Vesanto Mellina, RD, Joseph Forest. Macmillan; Toronto, Canada 1996.

Wheat-free, Sugar-free Gourmet Cooking, Sue O’Brien, Gig Harbor, WA 2001.

